

# The 6th International Sport Sciences Symposium On *“Active Life”*

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Date: 25th & 26th February, 2012

Venue: Waseda University, Higashi-Fushimi Campus, Building 79

## Program

### 25th

09:00-09:10 Opening address

Professor Kazuyuki Kanosue (Waseda University, Japan)

09:10-10:30 **Symposium 1: Tackling Childhood Obesity:  
The Role of Lipid Metabolism in Exercise**

Children's Metabolism: Exercise and Breakfast Effects

Dr. Keith Tolfrey (Loughborough University, UK)

Childhood Obesity and Physical Activity: A Singapore Perspective

Dr. Stephen Burns (Nanyang Technological University, Singapore)

10:30-10:40 Break

10:40-12:00 **Symposium 2: Active Children**

The Importance of 'Plays, Exercises, Sports and Physical Education In  
The Childhood' -From the Viewpoints of The Theory of Growth &  
Development and Biomechanics-

Professor Kiyomi Ueya (Teikyo University of Science, Japan)

Development of fundamental movement skills in childhood

Professor Reiko Sasaki (Keio University, Japan)

12:00-13:00 Lunch

13:00-14:00     **Keynote Lecture 1**

The Role of Exercise and Nutrition in Lifestyle-related Diseases

Professor Toshio Moritani (Kyoto University, Japan)

14:00-14:10     Break

14:10-16:10     **Symposium 3: A Direction of IOC Medical Commission  
-Disability Prevention and Rehabilitation-**

Injury Prevention in Soccer - Translating Knowledge into Practice  
(Experiences from Norway and Canada)

Dr. Kathrin Steffen (University of Calgary, Canada)

The WHO, WHAT, WHEN, WHERE of Knee Injury in Young Athletes:  
HOW we prevent it

Dr. Greg Myer (Cincinnati Children's Hospital Medical Center, USA)

Lumbar Spine Disorders among Athletes and Prevention Strategy

Dr. Koji Kaneoka (Waseda University, Japan)

16:10-16:20     Break

16:20-18:00     Poster Session

18:00-19:30     Banquet

26th

08:45-11:25 **Young Investigator's Symposium A: Elite Athlete**

Mr. Jared Fletcher (University of Calgary, Canada)

Dr. Chang Xu (Shanghai University of Sport, China)

Dr. Trevor C. Chen (National Chiayi University, Taiwan)

Mr. Akito Miura (The University of Tokyo, Japan)

Mr. Shuji Kidokoro (Waseda University, Japan)

Mr. Zenya Fujita (Waseda University, Japan)

08:45-11:25 **Young Investigator's Symposium B: Education and Media**

Ms. Ali Bowes (Loughborough University, UK)

Ms. Anna Stodter (Loughborough University, UK)

Dr. Shi-hong Li (Shanghai University of Sport, China)

Mr. Christian von Sikorski (German Sport University Cologne, Germany)

Mr. Zhen Guo (Waseda University, Japan)

Ms. Yiyin Ding (Waseda University, Japan)

08:45-11:25 **Young Investigator's Symposium C: Sport and Brain**

Dr. Andreas Mierau (German Sport University Cologne, Germany)

Mr. Michael Mackenzie (University of Calgary, Canada)

Ms. Ling-Chun Chen (National Taiwan Normal University, Taiwan)

Dr. Tsuyoshi Nakajima (National Rehabilitation Center for Persons  
with Disabilities, Japan)

Ms. Seongryu Bae (Waseda University, Japan)

Mr. Kento Nakagawa (Waseda University, Japan)

11:25-11:40 Break

11:40-12:30 **Keynote Lecture 2**

The Role of Newspapers in the Development of the Championship System in Sumo, 1885-1909...and Who Cares?

Professor Lee Thompson ([Waseda University, Japan](#))

12:30-12:40 Closing address

Professor Kazuyuki Kanosue ([Waseda University, Japan](#))

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